



Lyrics

Dream Inside a Dream

And all I want to see is truth
And all I want to hear is truth
And all I want to speak is truth
And all I want to know is truth

When this dream inside a dream
fades away so I can see
That I was never me and I was
always connected to everything that is
And these illusions of the mind
they fade away so I can find
The truth of who I really am inside

What lies behind the chatter of the mind?
A wide open space where I can truly meet my life
And what lies below the come and the go?
A place I can rest inside the stillness of the flow
What lies behind the chatter of the mind?
A wide open space where I can truly meet my life
And what lies below the come and the go?
A place I can rest inside the stillness of the flow

Repeat all

And all I want to see is truth
And all I want to hear is truth
And all I want to speak is truth
And all I want to know is truth

Sweep out the Chambers

by Amida Harvey (words Shabestari)

Go sweep out the chambers of your heart
Make it ready, make it ready
To be the dwelling of the beloved
When you depart love will enter
In you, void of yourself
God will display her/his beauty



Let Go

Now the path before me
Reveals a river flowing
There's nothing to be done
Nothing to be holding
A flower now unfolding
Both sides of it make one

Whoa, whoa, whoa, whoa
Whoa, whoa, whoa, whoa

I listen to the knowing
That whispers of this flowing
And I follow step by step
The opposites that make me
Reveal to help to break me
Nowhere I need to get

Whoa, whoa, whoa, whoa
Whoa, whoa, whoa, whoa

And I see the lines of light and I am following
I feel the signs of time already happening
I see the lines of light and I am following
I feel the signs of time already happening

Let go let go, there's nothing to control
Changing what is old, rearranging soul to soul
Let go let go, there's nothing to control
Changing what is old, rearranging soul to soul

Breaking down the patterns
And painting with the fragments
Each part finds its place
Stilling all that chatters
And filling with what matters
Dissolving into grace

Whoa, whoa, whoa, whoa
Whoa, whoa, whoa, whoa

Inside the deepest darkness
Is a slowness inside fastness
Which turns it into light
Laughing through the layers
Of successes and the failures
There's nothing left to fight

Whoa, whoa, whoa, whoa
Whoa, whoa, whoa, whoa

And I see the lines of light and I am following
I feel the signs of time already happening
I see the lines of light and I am following
I feel the signs of time already happening

There is space to breathe in between
There is faith and ease, I'm flowing

Let go let go, there's nothing to control
Changing what is old, rearranging soul to soul
Let go let go, there's nothing to control
Changing what is old, rearranging soul to soul

Travelling One

Travelling one, unravelling one, what are you searching for?
Seeking beyond, looking for home, thinking there's
something more

Well, all that you need is already here
Inside those places you may have forgotten
And all that you seek was always waiting
For the moment that you stop and listen
For this moment that you stop.... and listen

There is nothing that you need to do
Nowhere to go
No one to be, no one to please
Nothing to show, time to let go

There is nothing that you need to do
Nowhere to go
No one to be, no one to please
Nothing to show, time to let go

Be here right now
With our feet upon the earth
This moment is all we have

Be here right now
As we spread our wings of freedom
This moment is all we have

Be here right now
When everything is changing
This moment is all we have

Be here right now
Welcoming all we are
This moment is all we have

Repeat all

Heart of the Earth

In the heart of the Earth
We make our prayers hey ney yo wey
In the heart of the Earth
We make our prayers hey ney yo wey
For the heart of the Earth unite
And dance on sacred ground
For the heart of the Earth unite
One heart one Earth one sound

Spirit of Life

In the plants I meet you
Through the wind I hear you
Ever moving mirror of my heart

In the sun I feel you
Through my breath I know you
Ever shining power of this life

Shine through everything I see
Shine within and without me
Shine in everything that lives and breaths
Spirit of life shining through me
Spirit of life breathing in me

In the trees I meet you
Through the waves I hear you
Ever moving mirror of my heart

In the moon I feel you
Through my voice I know you
Ever shining power of this life

Shine through everything I see
Shine within and without me
Shine in everything that lives and breaths
Spirit of life shining through me
Spirit of life breathing in me

Spirit of life shining through me
Spirit of life breathing in me

One Vision

Take one step along your path
It's enough to be just who you are
I take another step down my road
And except everything that I find there
Take one step along your path
It's enough to be just who you are
I take another step down my road
And except everything

Come sun or come rain
Come river or come flame
I chose to surrender to what is

Come winter, come spring
Come the turning point of everything
I chose to rest inside what life brings

Step by step
Just one step
Only one tree to plant
Only one breath

Step by step
Just one step
Only one tree to plant
Only one breath

'Cos one tree turns into a forest
One drop becomes an ocean
One song I hear it ripple through the land

And one breath opens up this moment
It's the only one we have
One vision held up by many hands
One vision held up by many hands

Repeat all

Radiant Sun by Ollie Frame

Om bhur bhuvah swaha
Tat-savitur varenyam
Bhargo devasya dheemahi
Dhiyo yonah prachodayat

O radiant sun pure consciousness
Flaming orb or truth and bliss
Remove the veil so I can see
Illuminate my heart, awaken me

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