

Let your voice be free! Sing-along with Susie Ro

21st October 2020 | 7.30-8.45pm (UK) | Facebook Live

Song Lyrics

Above and Below - Anon

Above and below and all around you are
Above and below and all around you are
You are the essence of the beauty of life
You are the essence of all the love of my life
Sacred one source within and beyond
Sacred one source within and beyond

Breath of Life - Susie Ro

This pain that I carry, I no longer need
Mother Earth take away, that which does not serve me
These tears that are flowing, going back to the sea
Making space in my being, for my heart to receive
The breath of life
For my heart to receive
The breath of life

My breath you are releasing me, releasing me, releasing me x2

This sorrow that binds me, I begin to untie
Thank you for your teachings, for shaping my life
Now it's time to feel it, to welcome it all
I'm ready now to breath it, and let it all go
I let it go let it go let it go let it go
And I welcome it all
And let it go let it go let it go let it go

My breath you are releasing me, releasing me, releasing me x4

Angels circle around and ancestors remind me
That I came here to live and I came here to breath
Angels circle around and ancestors remind me
That I came here to give and I came to receive
X2

My breath you are releasing me, releasing me, releasing me x4

This pain that I carry, I no longer need
Mother Earth take away, that which does not serve me
These tears that are flowing, going back to the sea
Making space in my being, for my heart to receive

Creatures of the Deep - Susie Ro

Painting visions on the horizon
Waves keep coming, we keep on dreaming
Painting visions for our children
Tides keep turning, we keep on singing

Repeat

Chorus:

I'm going under, to sing with the whales
Beneath the crashing waves
Oh the beauty of your grace
I'm going under, where freedom can be found
Singing in the deep blue
Swimming in your sound

Repeat

Creatures of the deep ayeye aye x 4

The water goes deep
and the winds grow strong
To carry this love, to guide us home

Oh the waters go deep
and the winds grow strong
To carry this love, to guide us home

Repeat x 2

Oh the waters go deep
and the winds grow strong
To carry this love

Chorus x 2

Creatures of the deep ayeye aye x 4

I offer flowers to your waters
With petals of the heart
May you always be protected
I offer flowers on your ocean alter
With petals of forgiveness
May we all remember
I offer flowers to your waters
With petals of the heart
May you be protected
I offer flowers on your ocean alter
With petals of forgiveness
May we all remember

These creatures of the deep ayeye aye x 4

God and Me - Words Yogi Bhajan | Melody Helen Knight

God and me, me and God are one
God and me, me and God are one
God and me, me and God are one
God and me, me and God are one

Heya hey heya heya hey
Heya hey heya heya hey
Heya hey heya heya hey
Heya hey heya heya hey

I am Life - Susie Ro

I am a wave in this ocean of life
There is nothing to control always moving to darkness and back into light
Everything is part of me as I breathe
In and breathe out, i am one with all!

Chorus:

Om Namah Shivaya, I am life and life is me
Om Namah Shivaya, I am a wave and life is the sea
Om Namah Shivaya, there's nothing to control it's all part of me
Om namah shivaya

I let myself admit that I don't know anything!
Opening up to be amazed just by looking
Can I let go of all I thought I knew?
Let go of my ideas and become one with all!

Chorus

Now I let go of the list of things I thought i needed to do
Allowing it all to arise in natural flow
Listening to this very moment as I breathe
In and breathe out, I am one with all!

Chorus

Underneath the image that I made of you, and of me
The ripples that we make are dancing in the same sea
It is only phantom thoughts that divide us
We are falling into grace, we are one with all!

Music Fill Me - Susie Ro

Music fill me to the top
Fill me through and through
Feel me come alive

Bless the beat bless the rhythm bless the melody

My Heart is Dancing with the Universe - Faridah Busemann

Nothing is said, nothing is heard
And my heart is dancing with the universe

La ilaha illallah
And my heart is dancing with the universe

A River of Birds - Libana

There's a river of birds in migration
A nation of women with wings

Rocks, Stones and Crystals - Prana

The rocks, the stones and the crystals
Heyo heyunga heyo

The power of the earth
The power of the earth

Sweep out the Chambers - Words Shabistari | Melody Amida Harvey

Go sweep out the chambers of your heart
Make it ready, make it ready
To be the dwelling, of the beloved
When you depart, love will enter
In you, void of yourself
God will display her/his beauty

We Are Connected - Helen Knight

We are connected
Unaye undayo undayeye
Yeayeayea yo

Undeyeo yaya
Undeyayo
Undeyeo yaya
Undeyeo yaya